

F.NO P.24-1/NSS/DTE/2020/2018-2033  
Government of India  
Ministry of Youth Affairs & Sports  
Directorate of NSS  
12/11, Jammagar House, New Delhi-110011

Dated 18/08/2020

To

All Regional Director,  
Regional Directorates of NSS.

**Sub: - Fit India Freedom Run from 15<sup>th</sup> August 2020 to 2<sup>nd</sup> October, 2020- reg.**

Sir/Madam,

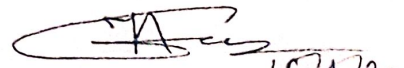
This is to intimate you that during the launching of Fit India Youth Clubs and Action Plan by Hon'ble Minister of State (I/C), Ministry of Youth Affairs and Sports, Govt. of India on 15<sup>th</sup> August, 2020, Secretary (Youth Affairs), Joint Secretary (Youth Affairs) and Director NSS, directed all Regional Directors to continue Fit India Freedom Run upto 2<sup>nd</sup> October 2020.

**Hash tags: #Run4India and #NewIndiaFitIndia should widely be publicized.**

In light of the above directions, all Regional Directors are requested to ensure the following:-

1. Fit India Freedom runs should be organized every day and continued upto 2<sup>nd</sup> October 2020.
2. All NSS Units should promote Fit India Freedom Runs in their respective areas.
3. **Precautions :-** While Undertaking these activities, the youth should wear face masks, wash their hands on regular intervals, due care for personnel hygiene and maintenance of social distancing as well as while following safety advisories and guidelines issued by Government and District Administration. Further as per local notifications, permission for conducting activities may be sought from District Administration.
4. Wide publicity through print and electronic media may be made. Social Media Platforms should also be used.
5. Activities, Photographs, e-posters and press clippings should be sent to Directorate of NSS, New Delhi.
6. Daily progress report should be submitted in the Google sheet shared by Directorate of NSS.

Yours faithfully,



(Dr. Kamal Kumar Kar)  
Assistant Programme Adviser

E-39  
21/08/2020  
21/08/20  
NBH  
25/8

२/- नकल स्वामिना जयन्त अमल सार.

क्रमांक/ ९९५८  
जिल्हा शिक्षणधिकारीनी क्वेरी,  
अनासकांडा, पालनपुर  
तारीख १७/०९/२०२०

NBH  
जिल्हा शिक्षणधिकारी  
अनासकांडा, पालनपुर

प्रति,  
आचार्यश्री,